

AIRWING NEWSLETTER

Promoting Community Togetherness

ISSUE NO. 16 EDITION 05 - SEPTEMBER 2025

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Editorial



Marking the onset of this summer season, this issue is dedicated to bed and breakfast (Air B and b's) around Airwing,

Whether one is just visiting, attending a wedding or a business trip, Airwing has the best B and b's in Lilongwe, from the just opened Aero B and B suites, acacia stay and Tuwachiz just to mention a few.

This also highlights the youth business festival which took place at Eden estate lodge with the aim of encouraging entrepreneurship in Malawi.

Like we always say, "Airwing makes Lilongwe happen"

Bye!

- Boniface Mboya

BnB suites in Airwing



The digital economy continues to disrupt many traditional business models, from online media houses to social media, to digital taxi hailing platforms, to accommodation - the list is endless. One of the areas where Malawians are investing heavily is short time rentals, popularly known as Airbnbs. In Airwing we have a lot of them but this time around we look at the following- Aero lounge, Acacia stay and Tawachiz

Apartment Overview

Aero B 'n' B Suites

A new elegant bed and breakfast that is right behind Meru filling station (Airwing). All

rooms are en-suite with modern kitchen, Satellite TV and High speed WIFI internet connection. A visit for a night will do you a favour of an utter luxury experience

Acacia Stay:

This is another stylish bed and breakfast accommodation located 500 metres from the Meru filling station (Airwing). All rooms are en-suite and come with modern facilities including a fully furnished kitchen, Satellite TV and High speed WIFI internet connection. Acacia stay brings you closer to gateway mall and perfect place to attend functions at Eden estate and Greenville. Its classiness cannot be compared to any.

Do you want to buy or sell property in Airwing



++265 999 737373



SERVICES

- Guarding and Site Patrol
- K9 (Dog and Handler)
- Event security
- Alarms system
- Cash in Transit
- Errands
- Rapid Response
- Security Risk Assessment



0999302208/997007950

Airwing now jammed!



The good old days of fewer cars in the rush hours are officially over. Airwing is now no stranger to traffic jams in the mornings and evenings. Long trails of brake lights as cars push along at snail's pace or sometimes at a standstill in a bumper-to-bumper choke is now a common sight.

When driving back in the evening, the queue starts from the City Mall and what used to be a pleasant five minute drive has easily become a forty minute nightmare of crawling, honking and tiresome driving with Sientas and Altos cutting in at unprecedented intervals.

To increase the agony of driving at these painful times, the Police at the ARET roadblock still stop cars to check whatever it is they check, despite being rush hour.

We are the victims of our own development. More people are completing their housing projects and putting them up for rent or moving in.

The attractive Airwing area has indeed been very attractive and blossomed into a great place - complete with traffic jams.

Confirmed!

Nasty C is coming to Malawi this November and will be performing at Aero lounge in Airwing, Lilongwe. This will be the grand finale of the Gwamba tour. Book your tickets now and get to see to hop giants rock Airwing.

The flower Bar
 Located at Ekhaya Mall Area 10

now in Airwing too!

Flowers for any event available.

+265 995 606 316

to reach your Airwing flower plug

Aerobics at Aero Lounge

Aerobic exercise is a physical activity that uses your body's large muscle groups, is rhythmic and repetitive. It increases your heart rate and how much oxygen your body uses.

Examples of aerobic exercises include walking, cycling and swimming. It reduces your risk of heart disease, diabetes, high blood pressure and high cholesterol. This is what Aero Lounge is offering to residents of Airwing, the sessions are from 630 to 830 am on the building car park.

Celebrity trainers like Calisto and others provide professional aerobic routines. One resident thanked the aero management and encouraged the locals to attend the functions.



CONGRATULATIONS **EY**
 Shape the future with confidence

EY Malawi welcomes a new **Associate Director - Assurance**
Sangwani Msofi

Shape The Future With Confidence



Eden Estates Hosts Successful Youth Business Fair in Partnership with Elevate Malawi

Eden Estates Resort and Hotel, in collaboration with Elevate Malawi, successfully hosted a vibrant Youth Business Fair that brought together over 300 young people at the resort. The event, aimed at empowering youth-led enterprises and connecting aspiring entrepreneurs, marked a significant milestone in fostering community-driven economic growth.

The fair attracted youth, families, small businesses, startups, and investors from across the region.

The Purpose:

The initiative was designed to empower youth-owned businesses, provide a platform for visibility, and create meaningful networks between startups, investors, and mentors.

Highlights of the Event Included:

- Youth Business Exhibitions showcasing innovative products and services
- Mini Pitch Competitions, where young entrepreneurs presented their ideas
- Fireside Chats and Panel Discussions with experienced business leaders
- Startup Demos, workshops, and interactive sessions



The event also offered a Family Zone, complete with a Kids Play Area, face painting, bouncing castle, puppet shows, and arts & crafts, creating a fun and inclusive experience for all ages.

Entertainment & Engagement:

Attendees enjoyed a mix of activities such as a silent disco, DJ booth, live music, spoken word performances, photo booth, and social wall—enhancing the fair's lively atmosphere.

The highlight of the day was the Pitch Competition, where the winning startup walked away with a cash prize of MWK 500,000, aimed at boosting their business venture.

The Youth Business Fair stands as a testament to what's possible when community, creativity, and commerce come together. Eden Estates and Elevate Malawi are proud to be part of this movement and look forward to supporting more youth-driven initiatives in the future.



From Lake to plate: Navigating Malawi's Fish crisis and a home-grown solution – with Aqua Terra Consult

Dear Readers,

For generations, fish has been a cornerstone of the Malawian diet and economy. From the beloved Chambo to Usipa, it is more than just food; it is a source of livelihood, a centerpiece for celebrations, and a key to our nation's health. However, a silent crisis is unfolding in our markets and on our dinner tables. The fish that was once plentiful is now becoming a luxury few can afford.

The Unmatched Importance of Fish to Our Health

Before we delve into the crisis, it is crucial to understand why fighting for the future of fish is so important. Fish is not just another source of food; it is a nutritional powerhouse essential for human development:

- **A Vital Source of Dietary Animal Protein:** Fish provides high-quality, eas-

ily digestible protein that is crucial for building and repairing tissues, supporting muscle growth, and maintaining a strong immune system.

- **Rich in Omega-3 Fatty Acids:** Fish is one of the best natural sources of Omega-3 fats (DHA and EPA). These are essential for:
 - o Brain development and function in children and adults.
 - o Reducing the risk of heart disease by lowering blood pressure and triglyceride levels.
 - o Supporting eye health and reducing inflammation throughout the body.
- **A Source of Calcium:** Small, eaten fish (like usipa) are a fantastic source of calcium, which is vital for building strong bones and teeth and ensuring proper nerve function.
- **Fish Liver Oil for Development:** Cod liver oil (and similar oils from other fish) is

renowned for its high concentrations of Vitamin A and D, which are critical for a child's immune system, vision, and bone development.

- **A Healthy, Safe Choice:** When organically produced, fish is a lean and healthy food, free from the risks of carcinogenic compounds often associated with processed meats and other protein sources.

...The Current Crisis: Empty Waters, Empty Nets, Full Pockets...to be continued



IMPORTANT CONTACTS IN AIRWING

Chotsani
COMMUNITY POLICING
0993 743 990

Chief Shake10
LOCAL AUTHORITY
0997 285 669

Banda
AREA POLICE OFFICER
0996 010 971

Zizwani Masanche
CONTRACTOR
0999 960 032

PROPERTY FOR SALE



55x20 AIRWING PLOT- WAREBOARD SIDE FOR SALE @ **MK11MILLION**



COMMERCIAL PLOT FOR SALE IN AIRWING, MK38 MILLION



20mx30m AIRWING PLOT FOR SALE AFTER FOURWAYS @ **MK11MILLION**



20mx30m FENCED PLOT FOR SALE IN AIRWING @ **MK16MILLION**

It's 140,000Mk per night each apartment with two bedrooms in each.

- Self service
- Wifi
- 24/7 security
- 55 inch TV in each apartment
- DSTV 24/47
- Free Cleaning Service



3 - 20mx30m AIRWING PLOTS FOR SALE WATERBOARD SIDE @ **MK8MILLION**

What is Tokyo8?



It's a bacterial plant activator that supports organic cultivation by revitalizing soil microorganisms and boosting plant growth. It comprises of living microorganisms that work on soil to improve its structure, water retention and nutrient availability properties - hence resilient soils; and plants to maximize their nutrient uptake, enhance plant health hence high yields, quality crop and nutritious and delicious foods/meals at the table!! It even helps protect your crops from pests and diseases.

Tokyo8 is also considered safe for humans, odorless, and easy to use, making it suitable for regenerative and organic farming practices. It's a natural alternative to chemical fertilizers that promote sustainable and organic farming.

It's also affordable!! For a one acre of land, you just need to apply 4 to 5 bottles (5Litre bottles) of Tokyo8 till maturity (1 bottle at a time from planting, 3 weeks apart every time till maturity) P/S: Tokyo8 is suitable for all crops, everything from cereals, legumes, vegetables and fruits! *Kaya zakudimba, kaya zodikila mvula, tokyo8 is perfect for all!*

For details call: **Natasha Mtika** on **0999279239** - off Kasiya Road close to Mbabzi Water Board

TOKYO8
Global



Microorganisms For Regenerative Agriculture

SUMU VYATOWA
AGRICULTURAL ENTREPRENEUR
Growing Organically, Feeding Sustainably

100% Organic



Effective micro Organisms

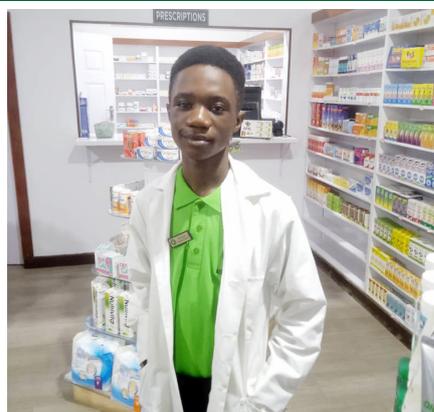
USAGE

- ✓ For 1 Acre, spray 5l of Tokyo8 diluted with 100-200 Litres of water at a time. This should be done up to 4 to 5 times in growing season.
- ✓ Please spray on leaves and soil
- ✓ It can be used from nursery until harvest, applied once every 3 to 4 weeks

CALL US (+265) 999 279 239/ 885 097 974



Off Kasiya road by 4 ways junction
Next to Mfipa Waterboard (Mabizi Lilongwe) Email: Mtika.natasychi@outlook.com



Aero Pharmacy
Now OPEN!

ANGLICAN CHURCH



St Martins Anglican Church is located at Airwing Airbase. Sunday service starts @ 8am. You are all welcome!

DISCLAIMER:

This publication, both in print and electronic format is merely an informative and entertainment forum for the ordinary and civilian residents at Airwing area - Njewa. Although the publisher strive to provide quality information, we do not guarantee results or accuracy obtained from the use of this publication

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